

2010 NPC TRICKY JACKSON CLASSIC BODYBUILDING, FIGURE & BIKINI CHAMPIONSHIPS

A National Qualifying Event (NPC Sanction #10803)

DATE: Saturday, October 9, 2010 – Prejudging: 11:30am – Evening Finals: 7:00 p.m.

DEADLINE: ENTRY FORMS MUST BE RECEIVED BY TUESDAY, OCTOBER 5.

LOCATION/VENUE: THE THOROUGHBRED CENTER, 3380 Paris Pike, Lexington, KY 40511. For internet directions go to: www.expedia.com/maps and type the Thoroughbred Center address in the destination section.

HOTEL: Days Inn 1987 North Broadway Rd, Lexington, KY. Call 859 299-1202 & mention the Tricky Jackson Classic for special rates when making your reservation before August 9, 2010. Hampton Inn 1310 US 127, Frankfort, KY. Call 502 223-7600 & mention Tricky Jackson Classic for special rates when making your reservation before September 17, 2010.

CHECK-IN / WEIGH-IN / HEIGHT CHECK SCHEDULE: Friday, October 8, Days Inn, 1987 North Broadway, Lexington, KY (*Bodybuilding competitors must wear competition posing suits at weigh-in.*)

7:00 – Novice, Teen, and Masters 7:20 – Men and Womens Open Bodybuilding 7:40 – Figure 8:00 - Bikini

FINAL CHECK-IN / WEIGH-IN / HEIGHT CHECK: 8:15 pm. Friday, October 8, 2010 for all divisions.

- You must register by Tuesday, October 5, 2010. **NO LATE ENTRIES WILL BE ACCEPTED AT CHECK-IN.**
- **LATE WEIGH IN: Sat, Oct. 9, 2010- 9:15am-10am @ Venue. Absolutely No Check-In/Weigh-In after 10am.**

ATHLETE BRIEFING: Saturday, October 9, 10:15 a.m. Official numbers will be assigned and CDs for your 90-second evening posing routine will be collected at this meeting.

ELIGIBILITY: This contest is open to all NPC registered athletes who meet the following requirements:

1. Possess a current 2010 NPC card (unregistered athletes may purchase cards for \$90 at check-in).
2. Novice contestants are eligible only if they have never placed 1st place in any NPC sanctioned national qualifier event or have never won 1st place novice overall.
3. Masters contestants, men who have reached 40 years of age by the day of the show.
4. Teenage contestants may not have reached their 20th birthday by the day of the show.
5. Teen, Novice, and Masters men may crossover to the men's open division only. No crossovers from bikini to figure.
6. The Men's Open, Women's, Bikini, Open Figure, Masters, and Teen classes are NPC national qualifying events.

DIVISIONS/CLASSES:

Men's Open BB (7 Classes)

Bantamweight – up to 143 ¼
Lightweight – 143 ¼ -154 ¼
Welterweight – 154 ¼ - 165 ¼
Middleweight – 165 ¼ -176 ¼
Light Heavyweight – 176 ¼ -198 ¼
Heavyweight – 198 ¼ -225 ¼
Super Heavyweight – over 225 ¼

Novice (3 Classes)

Lightweight – up to 165
Middleweight – 165 ¼ -187
Heavyweight – over 187

Women's Bodybuilding (3 classes)

LW – up to 125
MW – over 125 – 140
HW – over 140

Men's Masters (1 class)

Over 40 years of age

Teenage (1 class)

Figure Open (4 Classes)

Up to 5'2"
Over 5'2" to 5'4"
Over 5'4" to 5'6"
Over 5'6"

Bikini (2 classes)

Up to 5'4" and Over 5'4"

AWARDS: Trophies will be presented to athletes 1st through 5th place in each weight group or class except novice. Novice will be 1st through 3rd.

MUSIC: Each CD must contain only one track, must be pre-set, must be limited to 90 seconds, and must bear the contestant's name. Each bodybuilding contestant is responsible for picking up his/her music after the evening show.

NO PROFANITY WILL BE PERMITTED IN MUSIC OR THE COMPETITOR WILL BE DISQUALIFIED!

ENTRY FEE: Entries received or postmarked prior to September 25, \$40.00 for one division; add \$20.00 additional for crossover to Mens Open (\$60.00 total). Entries postmarked after September 25, add \$25 late fee.

NO ENTRIES ACCEPTED AFTER TUESDAY, OCTOBER 5.

Send entry form and money order or bank certified check only payable to Richard Jackson 10503 Leven Blvd, Louisville, KY 40229. For more information, call Richard "Tricky" Jackson at (859) 221-4959, email at tricky6162@aol.com or visit www.trickyjackson.com.

TICKETS: Will be sold at the door. Prejudging- \$15.00; Evening Show – VIP - \$30.00; General Admission - \$25.00

VIDEO: Video cameras WILL NOT be allowed into the venue. Orders for the official Tricky Jackson Classic video will be taken at the evening show.